

SEE IT. MAP IT. DO IT.®

ORGANIZE YOUR KITCHEN



SEE IT

SEE IT - Take a look at where you are now. Have each person answer the questions below for the whole kitchen and then other areas such as the pantry. When you are done, take time to share with each other.

- What's working? You can be specific or general.
- What do you love about the look, feel and function?
- Are there things you know you want to change?
- What isn't working? What don't you like?
- Is there stuff that doesn't belong here, like paper piles on the counter?
- Are you doing things other than cooking and eating in your kitchen?

MAP IT

MAP IT - Make a written plan for what you want. Go after what you really desire. The kitchen is often a central gathering and connecting place.

- How do you want your kitchen to look, feel and function?
- Create an online board of images that inspire you.
- Create a mind map showing all the elements you want.
- Do you prefer completely clear countertops or to have some items out?
- What colors would make you happy? What kind of decor?
- What do you want to add to your kitchen, like new dishes or containers?

DO IT

DO IT - Take the steps to make it happen. Look on your calendar and set up time for the transformation!

- Choose an area to start with. We suggest starting small and building up from there. For example, you could start with the countertops and junk drawer, then go to other drawers, cupboards, refrigerator and end with the pantry.
- Go through the **S.T.A.C.K.S.® System** for the area (Sort, Toss, Assign, Contain, Keep it up, Simplify). By following S.T.A.C.K.S.® the project will be easier and you will save money. Go to www.clearsimple.com/systems.
- Enjoy shopping for the containers you want and need.
- Once you complete each area, take time to celebrate. We know you will enjoy cooking and being in your kitchen. How fun would it be to schedule a family date night in your happy space?

www.clearsimple.com/organizekitchen



The Clear & Simple Way
to transform your life.