



SEE IT. MAP IT. DO IT.®

The Foundation System

Take each step below in order to save time, energy, and money.

	PURPOSE	ACTION Choose One	REWARD
SEE IT	Take a look at where you've been and where you are now.	<ul style="list-style-type: none">• Write the story your clutter tells.• Draw the story your clutter tells.• Take pictures and really observe.• Answer questions:<ul style="list-style-type: none">• What's working?• What's not working?• Where are you stuck and why?	You have a clear picture of where you are now.
MAP IT	Make a Plan for where you want to go.	<ul style="list-style-type: none">• Do a mind map.• Make a list or create a chart.• Draw or create a vision board• Create a Pinterest board• Write your top three priorities• Write how you want the space to look, feel, and function	You have a map to guide, inspire, and move you forward.
DO IT	Take the action steps to get there.	Work through the S.T.A.C.K.S.® System on the opposite side of this card. S - SORT T - TOSS A - ASSIGN C - CONTAIN K - KEEP IT UP S - SIMPLIFY	You have a system that will walk you through from start to finish, and beyond.

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