

SEE IT. MAP IT. DO IT.©

ORGANIZE YOUR BEDROOM



SEE IT

SEE IT - Take a look at where you're at. Have each person answer the questions below for the whole bedroom and then other areas such as the clothes closet. When you are done, take time to share with each other.

- What's working? You can be specific or general.
- What do you love about the look, feel and function?
- Are there things you know you want to change?
- What isn't working? What don't you like?
- Are there things in your bedroom that don't belong there?
- Are you doing things other than rest and intimacy in your bedroom?

MAP IT

MAP IT - Make a written plan for what you want. Go after what you really desire. The bedroom is the most important room in your home.

- How do you want your bedroom to look, feel and function?
- Create an online board of images that inspire you.
- Create a mind map showing all the elements you want.
- Is there a theme for your room such as beach house?
- What colors would make you happy? What kind of furniture?
- What do you want to add to your bedroom, like a reading chair?

DO IT

DO IT - Take the steps to make it happen. Look on your calendar and set up time for the transformation!

- Choose which area you want to start with. We suggest starting small and building up from there. For example, you could start with the bed and side tables, then go to the dresser and end with the clothes closet.
- Schedule the time for the project and get a helper if needed.
- Go through the **S.T.A.C.K.S.© System** for the area (Sort, Toss, Assign, Contain, Keep it up, Simplify). By following S.T.A.C.K.S.© the project will be easier and you will save money. Go to www.clearsimple.com/systems.
- Once you complete each area, take time to celebrate. We promise you will sleep better and wake up happier. Then, wouldn't it be wonderful to have a date night in your new bedroom?

www.clearsimple.com/yourbedroom



The Clear & Simple Way
to transform your life.