



MY MASTER MAP FOR 2016

NAME:

MY PERSONAL THEME FOR 2016 (3–5 words only)
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MY MOTIVATING STATEMENT, VISION OR MISSION (1–2 sentences only)
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MY THREE MOST IMPORTANT ANNUAL GOALS OR PROJECTS (Choose one goal or project for each of the categories listed.) Remember a Goal is specific and contains action – different from an intention.
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1. Personal Growth
2. Relationships
3. Work/Creativity

MY DAILY PRACTICE FOR THE YEAR (The sole purpose of this practice is to connect with my higher self and body.)

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MY TOOLS OF CHOICE

Calendar tool:

Tasks/Projects tool:

Journal/Creating tool:

Contacts tool (for names, addresses, telephone numbers, etc.):
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