SEE IT • MAP IT • DO IT®

The Foundation System

Take each step below in order to save time, energy and money.

	PURPOSE	ACTION Choose One	REWARD
SEE IT	Take a look at where you've been.	 Write the story your clutter tells. Draw the story. Take pictures. Answer questions: What is working? What is not working? Where are you stuck and why? 	You have a clear picture of where you are now.
MAP IT	"Make a Plan" for where you want to go.	 Do a mind map Make a list or create a chart. Draw a picture or create a collage. Write a description of your top three priorities. Write your vision of what you really want. 	You have a map to guide, inspire, and move you forward.
DO IT	Take the actions to get there.	Work through the S.T.A.C.K.S.® system on the opposite side. S • Sort T • Toss A • Assign C • Contain K • Keep it up S • Simplify	You have a system that will take you through from start to finish.

CS

We make organizing fun, simple & freeing.

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